## **Medical services**

## Basic program

## The annual visit

- 1. Clinical examination.
- 2. X-ray of the lungs, only if the medical doctor considers it necessary (included in laboratory visit). It should be done especially if the official/agent is leaving the Commission. It is obligatory in case of retirement of an official who has been exposed to ionizing radiation.
- 3. Electrocardiogram every two years after the age of 40.
- 4. Laboratory tests:
  - Urine analysis;
  - Blood test: sedimentation rate, urea, uric acide, creatinine, glucose; gamma-GT (if high, also transaminases, ASAT and ALAT); syphilis serology (every 5 years), haemoglobin, erythrocytes with specifications, leucocytes with specifications, HIV antibodies (AIDS) only after discussion with the patient and his accord and signature.
  - PSA for men from the age of 50 onwards.
  - Test for blood in stools (from the age of 45 onwards)
- 5. Gynaecological screening
  - Clinical examination
  - Cytology test (PAP smear test)
  - Echography of the breast and mammography from the age of 40 onwards if medically indicated
- 6. Special screening for men from the age of 45 onwards
  - Clinical examination
  - Rectal examination of prostate
  - Echography of prostate from the age of 50 onwards if medically indicated
- 7. Back of the eyes/ eye pressure
  - Every year in case of hypertension and diabetics.
  - Every two years from the age of 40 onwards.
- 8. Special examinations depending on the nature of work, f.ex. ophthalmologist every two years in case of extensive use of the computer.